## Harper Lee sums it up nicely

Summer was our best season: It was sleeping on the back screened porch in cots, or trying to sleep in the tree house; summer was everything good to eat; it was a thousand colors in a parched landscape.

Harper Lee, To Kill a Mockingbird. I've been here almost 17 years now and if you've been around me much you know what my favorite time of the year is. June 20th is the first day of summer. I love being outdoors and I like wearing flip flops and shorts. What really makes a great summer evening is sitting outside and listening to songs that coincide with summer. Olivia Newton John and John Travolta did a great rendition of "Summer Nights", Sheryl Crow did "Soak up the Sun". Otis Redding's "Sittin' on the dock of the bay" is awesome and you can't leave out "Summer Breeze" by Seals and Crofts. Summer parades, watermelons, fishing, concerts, and baseball are great for summer fun.

I love going out on a summer morning and walking about 3 miles at 5:00 A.M. and then sitting down with a cup of coffee and counting my blessings. I've had my ups and downs in life but I truly appreciate the good folks I see on a daily basis. I sit out on my deck and play music and read a good book quite often in the summer. Life is good when you look around and see what has been created around us. Solitude is good if you can reflect and focus on the world in which we live. Bob Dylan said it well,

The answer, my friend, is blowin' in the wind, the answer is blowin in the wind.







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### SPECIAL POINTS OF INTEREST

- Smithville Lake Fest June 13th
- June 15th Father's Day
- June 19 Closed Juneteenth
- June 20 Summer Begins



### MENTAL HEALTH AND OTHER BEHAVIORAL ISSUES

There are a lot of stresses in our world that makes it hard to cope. If you are having issues with emotional distress or suicidal thoughts, St. Lukes North 601 US-169, Smithville, MO 64089 has a crisis lifeline call, text, or chat 988. Smithville has a 30 bed facility if you are determined to need extensive in house help.

Mental health issues are nothing to ignore.

988

# If you need to talk, the 988 Lifeline is here.

https://988lifeline.org/

### Government think tank

#### **GOVERNMENT NOTICE!**

To help save the economy, the Government will announce next month that the Immigration Department will start deporting seniors (instead of illegals) in order to lower Social Security and Medicare costs.

Older people are easier to catch and will not remember how to get back home. Be sure to send this notice to your relatives and friends, so they'll know what happened to you.

I started to cry when I thought of you.

Then it dawned on me; I'll see you on the bus.



I love hearing lectures about the #2ndAmendment from kids who can't name the 3 branches of government...

Mothers all want their sons to grow up to be president but they don't want them to become politicians in the process.

John Fitzgerald Kennedy

# The Easiest Minestrone You'll Ever Make



### Ingredients:

better than bouillon vegetable broth

2 carrots, chopped

3 celery stocks, chopped

1 onion, chopped

3 garlic cloves, minced

few handfuls spinach

1 bag mexican pasta (la moderna)

1 15 oz. can butter beans

1 15 oz. can garbanzo beans

olive oil

#### Instructions:

Sauté garlic in a bit of olive oil, then add carrots, celery, and onion. Cook until soft (around 10 minutes).

Add around 6 cups water with a couple spoonfulls of Better Than Bouillon, then add the beans (do not drain). Let simmer for 10 minutes or so.

Add the spinach and pasta, and boil until the pasta is tender. Add plenty of olive oil and salt and pepper to taste. Enjoy!

#### PEST CONTROL FOR JUNE

The Housing Authority has a pest control company come in every month to our facility and usually covers 1/3 of our apartments and inspects other areas reported by our staff.

Due to changing weather patterns and environmental issues pest issues are ever changing. Please do not leave garbage or trash outside on your porches and please make certain to keep food in your homes (both human and animal) sealed and get rid of spoiled and outdated items.

The exterminators primary job is to inspect the apartments to see if any treatment is needed. If you do not want them to spray please notify the pest control specialist. If there are roaches or other infestations due to housekeeping issues that will be reported to our office. Please contact us with any questions.

Pest control on **June REDACTED**. You do not need to be home for the exterminator. They will always be accompanied by one of our staff members.

Please secure your animal.



### **Threshold Confusion**

We have sent out some information numerous times on the importance of getting paperwork in on time for an annual or interim re-exam.

The majority of or residents get things in on a timely manor. Medical and other allowable deductions is changing rapidly and could take a monumental change in July.

If you have questions about how the medical threshold works please make an appointment to see Bob and he will explain the math step by step.



JUNE BIRTHDAYS
REDACTED

## **Compliance Corner**

During the calendar year 2025 there have been a number of debates in congress regarding the budget, and budget cuts. Medicaid is being looked at hard, so is social security disability, and food stamps.

There has been a big debate regarding the cutting of taxes, it sounds good, but when taxes are cut the money for the shortfall has to come from government programs.

Our office receives emails daily regarding compliance issues, occupancy requirements, and a continuing number of homeless people.

It is recommended that if you are a resident in public housing please make every effort to be in compliance in order to avoid being in lease violation.

There is a push for resident self-sufficiency, which is fine if the program is directed properly and the funds are available to put these programs in place.

The clarity of the federal demands is hopefully transparent and easy to implement.



## Water, Trash, Gas, and Electric

A great benefit for SHA residents is that we make every effort to pay the water and trash for our tenants.

Wasting water could eventually hurt everyone due to the coast of Smithville water and sewer.

Please abide by the following:

- No swimming pools
- No car washing
- No watering the grass
- Make sure to turn off the water after a brief use of your outdoor spicket.

Our folks have been doing a good job monitoring the trash dumpster abuses. If you turn in a license plate #, time of the incident, date of the incident **and those violators get a ticket** you will receive a \$25 gift card to Price Chopper or Dollar General.

## **Reporting Issues**

If you see something that looks out of the ordinary please make certain to jot down the date, time, and detailed description. If you notify us more than 3 days after an incident we probably can't do anything about it.

### **General Concerns**

Slow Down!!! 10 miles an hour is too fast!

Parking: Need Stickers and work on visitor parking

Laundry Room: The laundry room is **only** for SHA tenants or a tenants' housekeepers/aids. We are keeping it cheap to use but excessive water use can raise prices.

## **HAPPENINGS IN THE 'VILLE...**







The Smithville Lake Fest has been a popular event for several years. There are a lot of vendors, activities, and music.

The event ...

Venue: Courtyard park

Dates: Friday June 13, 5:00 P.M. Through Saturday

midnight.

https://www.facebook.com/share/1BMSJkFmXn/



Smithville offers a lot of events June through September.

Check the Chamber of commerce web site to get more information.



	Saturday	7	4	21	28		
	Friday	9	13	20	27		
	Thursday	5	12	19 Closed	26		
<b>UNE 2025</b>	Wednesday	4	NATIONAL CALL YOUR DOCTOR DAY	18	25		
	Tuesday	3	10	17	24		
	Monday	2	6	16	23	30	
	Sunday	SAN SCHETTINGS WICE DAY	∞	Happy Father's Day	22	29	Reminders: